

Course Description:

In this course, you will continue exploring the concepts that form the foundation of psychology. You will learn about both positive and negative elements of social psychology, from altruism and attraction to bias and discrimination. You will take a closer look at the learning processes that shape human behavior and communication through language. You will analyze factors that influence levels of intelligence and the processes that occur as you create memories. You will examine the classification of psychological disorders, and the ways treatment providers analyze symptoms and potential causes to arrive at correct diagnoses. Issues related to health and wellness are another focus. You will recognize strategies to cope with stress and gain resilience and optimism. And you will explore potential career opportunities in psychology as you examine educational requirements and resources available to provide more insight.

The course includes readings providing real-world insights into some of the topics covered. Two projects span multiple lessons. One project examines the relationship between conditioning and game design. The other provides a chance to develop a psychological health plan that would guide a person struggling with a mental health issue. Occasionally you will participate in Discussion Boards. Here you can engage with your teacher and classmates on important concepts. And different forms of assessment questions will test your knowledge to prepare for two Multi-Unit Exams. One comes at the end of the first half of the course and the other at the end of the second half.

Through the lessons provided in this course, you will gain a greater understanding of the ideas that have formed and continue to shape the discipline of psychology.

Course Objectives:

- Identify factors that influence selfless behaviors, attraction, and attitudes.
- Analyze the effects of bias, stereotyping, prejudice, and discrimination in society.
- Recognize elements associated with conditioning and observational learning.
- Distinguish between structural features of language and theories of language acquisition.
- Describe the factors and extremes of intelligence and the perspectives on intelligence testing.
- Trace the process of making, storing, and retrieving different types of memories.
- Recognize the causes and symptoms of common psychological disorders.
- Compare and contrast mental health treatment perspectives and ethical principles.
- Identify strategies for coping with stress and building resilience and optimism.
- Distinguish between various theories on the functions of sleep and dreams.
- Explore varied careers in the fields of psychology and psychological science.
- Describe the educational requirements and resources available for psychology careers.

Required Materials:

In course.

Course Overview:

Unit 1: Social Psychology

- Introduction: Lessons 1–5

- Direct Instruction: Lessons 1–5
 - Direct Instruction Workbooks: Lessons 1–5
- Explore Further: Lesson 1
- Discussion Board Reading: Lessons 1, 4
- Discussion Board: Lessons 1, 4, 5
- Vocabulary Review: Lesson 5
- Checkpoint: Lessons 3, 5

Unit 2: Learning and Language

- Introduction: Lessons 6–10
- Direct Instruction: Lessons 6–10
 - Direct Instruction Workbooks: Lessons 6–10
- Classical Conditioning Experiment: Lesson 6
- Project: Lessons 7–8
- Vocabulary Review: Lesson 10
- Checkpoint: Lessons 7, 10

Unit 3: Intelligence and Memory

- Introduction: Lessons 11–15
- Direct Instruction: Lessons 11–14
 - Direct Instruction Workbooks: Lessons 11–14
- Explore Further: Lesson 14
- Discussion Board: Lessons 11, 14
- Checkpoint: Lessons 12, 14
- Vocabulary Review: Lesson 15
- Multi-Unit Vocabulary Review: Lesson 15
- Multi-Unit Exam 1 Review: Lesson 15
- Multi-Unit Exam 1: Lesson 15

Unit 4: Abnormal Psychology

- Introduction: Lessons 16–20
- Direct Instruction: Lessons 16–20
 - Direct Instruction Workbooks: Lessons 16–20
- Explore Further: Lesson 16
- Vocabulary Review: Lesson 20
- Checkpoint: Lessons 17, 20

Unit 5: Health and Psychology

- Introduction: Lessons 21–26
- Direct Instruction: Lessons 21–25
 - Direct Instruction Workbooks: Lessons 21–25
- Explore Further: Lessons 22, 24
- Project: Lesson 21–23, 25–26
- Vocabulary Review: Lesson 26
- Checkpoint: Lessons 23, 25

Unit 6: Vocational Applications

- Introduction: Lessons 27–30
- Direct Instruction: Lessons 27–29
 - Direct Instruction Workbooks: Lessons 27–29
- Discussion Board: Lesson 29

- Vocabulary Review: Lesson 28
- Checkpoint: Lesson 29
- Multi-Unit Vocabulary Review: Lesson 30
- Multi-Unit Exam 2 Review: Lesson 30
- Multi-Unit Exam 2: Lesson 30