# STRONG MIND

## Character Education (6-12)

### Course Description:

In this course, students learn about the main character traits, which are truthfulness, trustworthiness, responsibility, diligence, integrity, respect, caring, and fairness. They analyze and interpret specific situations that demonstrate these traits. Then, in the next part of the course, students discover how to define and recognize bullying and cyberbullying, and they learn how they negatively impact everyone involved. Students develop a bullying prevention mindset by learning safe and appropriate strategies to respond to bullying situations. Finally, as a member of their neighborhood, their city, and their country, students learn about good citizenship by describing the rights, duties, and privileges included in it.

### Course Objectives:

- Describe truthfulness and trustworthiness by identifying their characteristics.
- Identify truthfulness and trustworthiness by analyzing situations.
- Develop truthfulness and trustworthiness by demonstrating them in personal, social, and academic interactions.
- Describe responsibility and diligence by identifying their characteristics.
- Identify responsibility and diligence by analyzing situations.
- Develop responsibility and diligence by demonstrating them in personal, social, and academic interactions.
- Describe integrity and respect by identifying their characteristics.
- Identify integrity and respect by analyzing situations.
- Develop integrity and respect by demonstrating them in personal, social, and academic interactions.
- Describe caring and fairness by identifying their characteristics.
- Identify caring and fairness by analyzing situations.
- Develop caring and fairness by demonstrating them in personal, social, and academic interactions.
- Describe bullying and cyberbullying by identifying their characteristics and methods.
- Identify bullying and cyberbullying by analyzing situations.
- Describe the effects of being bullied and bullying others by analyzing their impact.
- Establish a bullying prevention mindset by developing positive character traits.
- Respond to bullying situations by using appropriate and safe strategies.
- Describe good citizenship by explaining the rights, duties, and privileges that are included in it and how they relate to one another.
- Identify good citizenship by analyzing situations.
- Demonstrate good citizenship by accepting the rights, performing the duties, and earning the privileges included in it.

## Required Materials:

• Internet browser

### Course Overview:

Prepare to Learn

Students are briefly introduced to the different character traits. They are asked questions to reflect on what they may already know about the trait in order to prepare them for what they are going to learn.

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#### Texts

Each lesson, except for the last lesson in each unit and Lesson 29, has two text pieces. For most of the lessons, while the first text piece focuses on describing the main character traits, the second piece analyzes and interprets specific situations to identify the related character traits. The text pieces include images that support the content.

#### Assessment

#### Workbook

Students are provided with 1 to 4 computer-graded questions after each text piece in the lesson to allow them to apply the concepts they just learned in the text.

#### Checkpoint

These computer-graded activities include 2 to 6 questions to assess students' mastery of lesson objectives. They appear in the first four lessons of Units 1-5 and the first three lessons of Unit 6.

#### Self-Assessment

These computer-graded activities include 2 to 4 questions at the end of each unit. They provide an opportunity for students to assess their development of the character traits presented in the unit. Because this is a self-assessment, students earn full credit if they correctly follow the directions.

#### Final Exam

This computer-graded activity assesses mastery of course objectives related to defining and identifying the character traits presented throughout the course.

#### Discussions

There are two teacher-graded discussion boards in each unit. These activities provide students with the opportunity to discuss ideas related to the character traits presented in the corresponding lessons. Students are encouraged to share their ideas and opinions regarding the content. Although each discussion prompt can be used to encourage conversations between students, students are not required to reply to the responses of others in order to complete the discussion board assignment.

#### Project

There is only one project, in Unit 5, that addresses standards in context. The project consists of five parts. Students research and create a public service announcement over the course of five lessons, and then they upload their completed project for the teacher to grade in Lesson 25. The project requires students to apply their knowledge and writing capabilities to demonstrate mastery of the lesson/unit content, which involves bullying.

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Schedule of Work

**<u>Unit 1</u>**: Truthful and Trustworthy

<u>Unit 2</u>: Responsible and Diligent

- **<u>Unit 3</u>**: Integrity and Respect
- **<u>Unit 4</u>: Caring and Fair**
- **<u>Unit 5</u>**: Bullying Prevention
- <u>Unit 6</u>: Good Citizenship